

MARCH

SMUSD MIDDLE SCHOOL MENU

2012

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Wellness Fair March 24th</i>		<u>BREAKFAST</u> <i>National School Breakfast Week - March 5-9</i>		



* A Complete breakfast includes one of the entrées below, a choice of milk, and juice or fruit of the day.

* Daily breakfast selection includes Breakfast Bar , Bagel w/ Cream Cheese, Mexican Breakfast Bread, Sunrise Sandwich and Yogurt Parfait

Tea Bread	<i>Ultimate</i> Breakfast Round	Cinnamon Yogurt Breakfast Bread	"Homemade" Burrito	Cocoa Breakfast Bread
Apple Juice or Pineapple	Peaches or Fresh Fruit	Grape Juice or Pears	Applesauce or Fresh Fruit	Orange Juice or Mixed Fruit

*Did You Enter The VIDEO Contest Yet?
Great Prizes !!*



LUNCH


*DID YOU ENTER THE VIDEO CONTEST YET?
GREAT PRIZES !!*



* A Complete lunch includes one of the entrées below, a choice of milk, and a selection of fruit and vegetables (varies daily).

EXPRESS WINDOW

(Available Monday thru Friday) ~ Spicy Chicken Sandwich vegetarian=

PB & Jelly Sandwich ▼	NEW! Chicken Egg Roll with Rice	"Homestyle" Chili with Cornbread ▼	Spicy Chicken Rings with Oven Fries	Bosco Sticks w/ Marinara Sauce ▼
NEW! <i>TURKEY Burger</i> OR Mandarin Orange Chicken w/ Rice	French Bread Pizza OR Hummus, String Cheese & Pita ▼	Hot Chicken Sandwich	Macaroni and Cheese ▼	NEW! Pork Carnitas Bowl 
Chicken Caesar Salad w/ Crackers	Spicy Chicken Ranch Salad w/ Crackers	Chef's Salad w/ Crackers	Asian Noodle Chicken Salad w/ Vegetables & Fortune Cracker	Chicken Caesar Salad w/ Crackers
Fruit Yogurt w/ Mini Deli Sandwich	Fruit Yogurt w/ Mini Deli Sandwich	Fruit Yogurt w/ Mini Deli Sandwich	Fruit Yogurt w/ Mini Deli Sandwich	Fruit Yogurt w/ Mini Deli Sandwich