



SMUSD **MARCH 2012** High School Lunch Menu



\* A Complete lunch includes one of the entrées below, a choice of milk, and selection of fruits and vegetables (varies daily).

Monday	Tuesday	Wednesday	Thursday	Friday
<b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b>				
<b>AMERICAN GRILL</b>				
Spicy Chicken Sandwich Hot Chicken Sandwich Stuff Crust Cheese Pizza 	 <b>BBQ PORK SANDWICH W/ COLESLAW</b> Spicy Chicken Sandwich Southwest Vege Quesadilla 	 <b>BURGER DAY</b>  Cheeseburger Turkey Burger PB & J Sandwich 	 <b>Macaroni &amp; Cheese</b> Spicy Chicken Sandwich Bosco Sticks w / Marinara Sauce 	Spicy Chicken Sandwich Hot Chicken Sandwich Hummus, String Cheese & Pita 
<b>CALIFORNIA DELI</b>				
Ham & Cheese on Kaiser Roll Turkey Caesar Sandwich Turkey Club Salad w/ Crackers Chicken Caesar Salad Shaker Fruit Yogurt w/ Mini Deli Sandwich	Turkey & Cheese on Kaiser Roll Ham & Cheese on Kaiser Roll Spicy Chicken Ranch Salad w/ Crackers Chicken Caesar Salad Shaker Fruit Yogurt w/ Mini Deli Sandwich	Turkey Club Sandwich Ham & Cheese on Kaiser Roll Chicken Salad w/ Crackers Chicken Caesar Salad Shaker Fruit Yogurt w/ Mini Deli Sandwich	Chicken Salad Sandwich Turkey & Cheese on Kaiser Roll Chef Salad w/ Crackers Chicken Caesar Salad Shaker Fruit Yogurt w/ Mini Deli Sandwich	Pastrami & Cheese on Kaiser Roll Ham & Cheese on Kaiser Roll Spicy Chicken Ranch Salad w/ Crackers Chicken Caesar Salad Shaker Fruit Yogurt w/ Mini Deli Sandwich
<b>IT'S ITALIAN</b>				
French Bread Pizza Stuff Crust Pizza	 BOSCO Sticks w/ Marinara Sauce French Bread Pizza	 <b>Meatball Sandwich</b> French Bread Pizza	 Twistoroni w/ Breadstick French Bread Pizza	French Bread Pizza BOSCO Sticks w/ Marinara Sauce 
<b>ORIENTAL EXPRESS</b>				
Mandarin Orange Chicken w/ Rice Asian Noodles w/ Chicken, Vegetables & Fortune Cracker	 <b>Chicken Chow Mein</b> Oriental Chicken Salad	Beef Teriyaki Bowl w/ Rice Asian Noodles w/ Chicken, Vegetables & Fortune Cracker	 Chicken Eggroll w/ Rice Oriental Chicken Salad	 Kung Pao Chicken w/ Rice Asian Noodles w/ Chicken, Vegetables & Fortune Cracker
<b>South of the Border</b>				
<b>Grilled Burrito</b> Spicy Chicken Sandwich	Chicken Tostada Bowl Spicy Chicken Sandwich	 <b>"Hot" Buffalo Chicken Sandwich</b> Spicy Chicken Sandwich	 Pork Carnitas Bowl Spicy Chicken Sandwich	 Homestyle Chili & Cornbread Spicy Chicken Sandwich



SMUSD **MARCH 2012** High School Breakfast Menu



\* A Complete breakfast includes one of the entrées below, a choice of milk and daily fruit selection (varies daily).

Monday	Tuesday	Wednesday	Thursday	Friday
Tea Bread	<i>Ultimate</i> Breakfast Round	Cinnamon Yogurt Breakfast Bread	<b>It's Back!</b> Homemade" Burrito	Cocoa Breakfast Bread

**National School Breakfast Week March 5-March 9**

Juice & Fruit Selections:

Apple Juice or Pineapple	Peaches or Fresh Fruit	Grape Juice or Pears	Applesauce or Fresh Fruit	Orange Juice or Mixed Fruit
--------------------------------	------------------------------	----------------------------	---------------------------------	-----------------------------------

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**Daily Selection Served Every Day**

Breakfast Bar Bagel w/ Cream Cheese Mexican Breakfast Bread Sunrise Sandwich Fruit Yogurt Parfait	Breakfast Bar Bagel w/ Cream Cheese Mexican Breakfast Bread Sunrise Sandwich Fruit Yogurt Parfait	Breakfast Bar Bagel w/ Cream Cheese Mexican Breakfast Bread Sunrise Sandwich Fruit Yogurt Parfait	Breakfast Bar Bagel w/ Cream Cheese Mexican Breakfast Bread Sunrise Sandwich Fruit Yogurt Parfait	Breakfast Bar Bagel w/ Cream Cheese Mexican Breakfast Bread Sunrise Sandwich Fruit Yogurt Parfait
---	---	---	---	---



**WELLNESS  
FAIR  
MARCH 24th**

