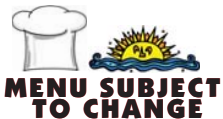




# August/September (partial)



This institution  
is an equal  
opportunity  
provider. ★



## 2018 Elementary Menu

FIND YOUR MENUS AT: <https://smusd.yummy.com>

WG = Whole Grain = Gluten Free = Contains Pork = Vegetarian meal available each day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>21</b> Mini Eggo Waffles Yogurt &amp; Grahams </p> <p>Chicken Poppers Cheese  or Pepperoni  Pizza Yogurt, String Cheese &amp; WG Roll  <b>ABC Crackers</b></p>	<p><b>22</b> Chicken N' Biscuit Banana Breakfast Bar </p> <p><b>TERIYAKI CHICKEN &amp; WG RICE</b> Mini Corn Dogs Hummus, String Cheese  &amp; WG Crackers</p>	<p><b>23</b> Breakfast Pizza Cereal with Grahams </p> <p><b>Picnic Chicken &amp; Cornbread</b> Bean &amp; Cheese Burrito  Chef's Salad with Pretzel Goldfish &amp; WG Roll</p>	<p><b>24</b> French Toast Sticks  Sausage &amp; Cheese Burrito</p> <p>Hot Chicken Sandwich Creamy Macaroni &amp; Cheese  Hummus, String Cheese  &amp; WG Crackers</p>	
<p><b>27</b> Blueberry Muffin Yogurt &amp; Grahams </p> <p><b>BRUNCH FOR LUNCH</b> Waffle &amp; Sausage Links </p> <p>Turkey Hot Dog Hummus, String Cheese  &amp; WG Crackers</p>	<p><b>28</b> Hot Cheese Stuffed Breadstick Cereal with Grahams </p> <p>Orange Chicken &amp; WG Rice  Grilled Cheese Sandwich  Yogurt, String Cheese  &amp; WG Roll</p>	<p><b>29</b> Mexican Breakfast Bread Grilled Cheese Triangle </p> <p><b>Golden Baked Chicken &amp; WG Roll</b> Cheese  or Pepperoni  French Bread Pizza Chef's Salad with Pretzel Goldfish &amp; WG Roll </p>	<p><b>30</b> Maple Mini Pancakes  Chicken Little</p> <p><b>Spaghetti &amp; Homemade Beef Meatsauce</b> Chicken Bites  Yogurt, String Cheese  &amp; WG Roll <b>Back To School Crackers</b></p>	<p><b>31</b> Cocoa Breakfast Bread Yogurt &amp; Grahams </p> <p><b>Cheeseburger or Hamburger</b> <b>Turkey &amp; Cheese Sandwich</b> <b>Veggie Melt</b> </p>
<p><b>SEPTEMBER</b> <b>3</b> School Closed Today</p>	<p><b>4</b> Cinnamon Yogurt Bread Yogurt &amp; Grahams </p> <p>Hot Chicken Sandwich Cheese  or Pepperoni  Pizza Yogurt, String Cheese &amp; WG Roll <b>Frozen Fruit Juice Treat</b> </p>	<p><b>5</b> Mini Eggo Waffles  Chicken N' Biscuit</p> <p><b>Beef Taco Salad with Tortilla Chips</b> Chicken Poppers Hummus, String Cheese  &amp; WG Crackers</p>	<p><b>6</b> Breakfast Pizza Cereal with Grahams </p> <p><b>TERIYAKI BEEF DIPPERS &amp; WG RICE</b> Grilled Cheese Sandwich  Chef's Salad with Pretzel Goldfish &amp; WG Roll</p>	<p><b>7</b> French Toast Sticks  Sausage &amp; Cheese Burrito</p> <p><b>BBQ PORK SLIDERS</b> Bean &amp; Cheese Burrito  Veggie Melt </p>
<p><b>HOLIDAY</b> <b>Labor Day</b> <b>HOLIDAY</b></p> <p><b>10</b> Blueberry Muffin Yogurt &amp; Grahams </p> <p><b>BREAKFAST FOR LUNCH</b> Pancakes &amp; Sausage Links  Beef Soft Taco  Hummus, String Cheese &amp; WG Crackers </p>	<p><b>11</b> Hot Cheese Stuffed Breadstick Cereal with Grahams </p> <p><b>Homestyle Chili with Tortilla Chips</b>  Chicken Bites &amp; WG Roll Chef's Salad with Pretzel Goldfish &amp; WG Roll </p>	<p><b>12</b> Mexican Breakfast Bread Grilled Cheese Triangle </p> <p>Twistaroni with Homemade Beef Meatsauce &amp; WG Roll  Cheese  or Pepperoni  Stuffed Crust Pizza Chef's Salad with Pretzel Goldfish &amp; WG Roll</p>	<p><b>13</b> Maple Mini Pancakes  Chicken Little</p> <p><b>Golden Baked Chicken &amp; WG Roll</b> <b>Turkey Hot Dog</b> Yogurt with  <b>String Cheese &amp; WG Roll</b> <b>Goldfish Colors Crackers</b></p>	<p><b>14</b> Cocoa Breakfast Bread Yogurt &amp; Grahams </p> <p>Orange Chicken &amp; WG Rice  Hamburger or Cheeseburger  Hummus, String Cheese  &amp; WG Crackers</p>

**2018-2019**  
**FREE & REDUCED MEALS**  
**APPLY ONLINE TODAY**  
go to [www.smusd.org/cns](http://www.smusd.org/cns)  
**Please Complete Only ONE (1) Meal Application**  
**per Household! Please review back before applying!**

**Salad Bar**  
**Served Daily**  
**with Fresh Fruits**  
**& Vegetables!**

Payment for meals  
can be cash or check  
at the cafeteria. To deduct  
from student's account, you  
can deposit money at:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)



# Child Nutrition Services News (CNS)

## Meal Applications Available Now

Online at: [www.smusd.org/cns](http://www.smusd.org/cns)

Forms at: School Office  
Cafeteria  
District Office

Please: Complete Early

Only one application per household  
necessary.

## Meal Applications Not Required\*

SCHOOL MEALS \* ALL STUDENTS  
NO CHARGE

**It's Been Paid For**

Joli Ann Elementary\*

San Marcos Elementary\*

La Mirada Academy\*

San Marcos Middle\*

Twin Oaks High\*

## School Menus Located

[www.smusd.org/cns](http://www.smusd.org/cns) and <http://smusd.yummy.com>

CNS Facebook: SMUSD Child Nutrition Services

CNS Website: [www.smusd.org/cns](http://www.smusd.org/cns)

CNS Phone: 760-752-1253



**SMUSD Meal Credit Program:** During the school year a student receives a one-day credit limit, and then an alternate meal is offered.

This institution is an equal opportunity provider.