



**BREAKFAST**



**LUNCH**



**AUGUST 2018**

This institution is an equal opportunity provider.  
Child Nutrition Services  
Menus & Nutrition Facts available at  
[www.smusd.org/cns](http://www.smusd.org/cns)

Final 8/8/18

**La Mirada Academy**

(p) Contains Pork (v) Vegetarian

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**PAY FOR MEALS ONLINE**  
MySchoolBucks.com



**SUMMER  
RECESS**

**6**

**SUMMER  
RECESS**

**7**

**SUMMER  
RECESS**

**8**

**SUMMER  
RECESS**

**9**

**SUMMER  
RECESS**

**10**

**SUMMER  
RECESS**

**13**

**SUMMER  
RECESS**

**14**

**SUMMER  
RECESS**

**15**

**SUMMER  
RECESS**

**16**

**SUMMER  
RECESS**

**17**

**SCHOOL  
BEGINS  
TOMORROW**

**20**

**B: Cocoa Bread (v)  
OR Cereal with Grahams (v)**

**21**

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L: Teriyaki Chicken & WG Rice  
Grilled Burrito (v)  
Yogurt & Fresh Baked Muffin (v)

*ABC Crackers with All*

**B: Banana Breakfast Bar (v)  
OR Cereal with Grahams (v)**

**22**

\*\*\*\*\*  
L: Bosco Cheese Sticks  
with Marinara (v)  
Hot Chicken Sandwich  
Chef's Salad

**B: Maple Mini Pancakes (v)  
OR Cereal with Grahams (v)**

**23**

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L: Mini Corndogs  
Hamburger or Cheeseburger  
Yogurt & Fresh Baked Muffin (v)

**B: House Baked Muffin (v)  
OR Cereal with Grahams (v)**

**24**

\*\*\*\*\*  
L: Beef Soft Taco  
Cheese (v) or  
Pepperoni (p) Pizza  
Cheese Sandwich (v)

**B: Mexican Breakfast Bread  
OR Cereal with Grahams**

**27**

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L: Orange Chicken & WG Rice  
Chicken Bites  
Hummus, String Cheese & Crkrs (v)

**B: Mini Eggo Waffles  
OR Cereal with Grahams**

**28**

\*\*\*\*\*  
L: BBQ Pork (p) Sliders  
Grilled Burrito (v)  
Yogurt & Fresh Baked Muffin (v)

**B: Bagel & Cream Cheese  
OR Cereal with Grahams**

**29**

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L: Spaghetti with Garlic Toast  
Hot Chicken Sandwich  
Chef's Salad

**B: Cinnamon Yogurt Bread  
OR Cereal with Grahams**

**30**

\*\*\*\*\*  
L: Baked Chicken N' Biscuit  
Hamburger or Cheeseburger  
Yogurt & Fresh Baked Muffin (v)

**B: Maple Mini Pancakes  
OR Cereal with Grahams**

**31**

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L: Fish Soft Taco  
Cheese (v) or  
Pepperoni (p) Pizza  
Cheese Sandwich (v)

**Rotations: Weeks 1, 3, 5** Mon: Raisins, Orange Juice, Carrotteenies, Salad Cup, **Tues:** Fresh Fruit, Pear cup, BBQ Beans, Salad Cup, **Wed:** Peach cup, AppleBerry Juice, Jicama, Salad Cup, **Thurs:** Craisins, Frozen Straw/Peach cup, Veggie Juice, Salad Cup, **Fri:** Fresh Fruit, Tropical Fruit cup, Jicama, Salad Cup

**Rotations: Weeks 2, 4** Mon: Applesauce cups, Orange Juice, Carrotteenies, Salad Cup, **Tues:** Pineapple cup, Frozen Straw/Peach cup, Edamame, Salad Cup, **Wed:** Fresh Fruit, Apple Berry Juice, Grape Tomatoes, Salad Cup, **Thurs:** Mandarin cups, Raisels, Veggie Juice, Salad Cup, **Fri:** Fresh Fruit, Tropical Fruit cup, Jicama, Salad Cup