



## **District Health Council Meeting**

**4:15 pm – 5:30 pm**

**Wednesday May 30, 2018**

### **Opening**

The regular meeting of the District Health Council Meeting was called to order at 4:15pm on Wednesday May 30, 2018 at 255 Pico Avenue, Instructional Services Conference Room, by Dena England.

### **Present**

Jennifer Overman, Rosalena Hefferle, Dena England, Christina Owens, Melissa Roberts, Barbara Ctaks, Dave Striegel, Dianne Bourque, Bonnie Bagheri, Darrin Brant, Roberto Carboni, Ashely Gray

### **Documents Provided (See attached)**

Meeting Agenda

SMUSD Board Policy Student Wellness

SMUSD Administrative Procedure Student Wellness

SMUSD Wellness in Action - Brochure

WellSAT Your District's Scorecard SMUSD 2017

District Health Council Plan School Year 2018-2019

### **Review Wellness Policy and Procedures**

Reviewed history of the Wellness Policy and purpose of District Health Council.

### **Open Issues**

Reviewed ([www.the.recoveryvillage.com/resources/fitness-and-nutrition/](http://www.the.recoveryvillage.com/resources/fitness-and-nutrition/)) proposal to be added on our website. Unanimously dismissed proposal by council.

### **New Business**

Review WellSAT Assessment Tool. Council members volunteered to assess sections of Wellness Policy.

**Sections 1:** Nutrition Education – Roberto , Rosalena, (Danny? submitted by Melissa)

**Sections 2:** Standards for USDA Child Nutrition Programs and School Meals – Dena & Roberto

**Section 3:** Nutrition Standards for Competitive and Other Foods and Beverages – Bonnie & Dena

**Section 4:** Physical Education and Physical Activity – Dave & Melissa

**Section 5:** Wellness Promotion and Marketing – Darrin

**Section 6:** Implementation, Evaluation & Communication - Dena

**Goals for 2018/2019**

Review goals for next year.

**Establish Future Meetings**

Council agreed on a minimum of 4 meeting per year.

Next meeting set for Wednesday, September 12<sup>th</sup> from 4:15 pm – 5:30 pm at 255 Pico Avenue, Instructional Services Conference Room.

**Adjournment**

Meeting was adjourned at 5:33 pm by Dena England. The next general meeting will be at 4:15 pm on September 12<sup>th</sup> at San Marcos Unified School District Room 171 Instructional Services Conference Room.

Minutes submitted by: Christina Owens

Approved by: Pending approval on September 12<sup>th</sup> 2018 meeting