



August / September (partial)



FIND YOUR MENUS AT: <https://smusd.yummy.com>



This institution
is an equal
opportunity
provider. ★

2019 Elementary Menu

WG = Whole Grain



-Gluten Free



=Contains Pork



=Vegetarian meal available each day!

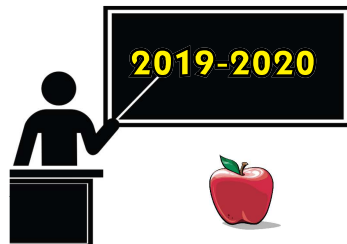
Monday

Tuesday

Wednesday

THURSDAY

Friday



**Please Complete Only ONE (1)
Meal Application
per Household! Please review back
before applying!**



**FREE & REDUCED MEALS
APPLY ONLINE TODAY
go to**

www.smusd.org/cns



Monday	Tuesday	Wednesday	THURSDAY	Friday
2019-2020 	20 Mini Eggo Waffles ✓ Chicken N' Biscuit Creamy Macaroni & Cheese ✓ Chicken Poppers Hummus, String Cheese, ✓ Sunflower Seeds & WG Crackers ABC Crackers	21 Yogurt & Grahams ✓ Cinnamon Yogurt Bread ✓ Beef Taco Salad with Tortilla Chips Mini Corn Dogs Chef's Salad with Pretzel Goldfish & WG Roll	22 Breakfast Pizza ✓ Cereal with Grahams ✓ TERIYAKI CHICKEN & WG RICE Shrimp Poppers & String Cheese Yogurt & String Cheese ✓ & WG Roll	23 Sausage, Egg & Cheese Burrito ✓ French Toast Sticks ✓ Hot Chicken Sandwich Build Your Own Carnitas Taco Veggie Melt ✓
26 House Baked Muffin ✓ Yogurt & Grahams ✓ BRUNCH FOR LUNCH Waffle Sticks & Sausage Links Turkey Hot Dog Hummus, String Cheese ✓ & WG Crackers	27 Hot Cheese Stuffed Breadstick ✓ Cereal with Grahams ✓ Orange Chicken & WG Rice Grilled Cheese Sandwich ✓ Yogurt & String Cheese & WG Roll	28 Mexican Breakfast Bread ✓ Grilled Cheese Triangle ✓ Golden Baked Chicken & WG Roll Cheese ✓ or Pepperoni French Bread Pizza Chef's Salad with Pretzel Goldfish & WG Roll ✓	29 Maple Mini Pancakes ✓ Chicken Little ✓ Spaghetti & Homemade Beef Meatsauce Chicken Bites Hummus, String Cheese ✓ Sunflower Seeds & WG Crackers EDUCATIONAL CRACKERS	30 Cocoa Breakfast Bread ✓ Yogurt & Grahams ✓ Cheeseburger or Hamburger Bean & Cheese Burrito ✓ Veggie Melt
2 SEPTEMBER School Closed Today	3 Chicken N' Biscuit ✓ Mini Eggo Waffles ✓ Teriyaki Beef Dippers Cheese ✓ or Pepperoni Pizza ✓ Hummus, String Cheese, Sunflower Seeds & WG Crackers FROZEN FRUIT TREATS	4 Cinnamon Yogurt Bread ✓ Yogurt & Grahams ✓ Beef Taco Salad with Tortilla Chips Chicken Poppers & WG Roll Chef's Salad with Pretzel Goldfish & WG Roll	5 Breakfast Pizza ✓ Cereal with Grahams ✓ Hot Chicken Sandwich Build Your Own Carnitas Taco Yogurt & String Cheese ✓ & WG Roll	6 French Toast Sticks ✓ Sausage, Egg & Cheese Burrito ✓ Shrimp Poppers, String Cheese & WG Roll Grilled Cheese Sandwich ✓ Veggie Melt ✓



Payment for meals
can be cash or check
at the cafeteria. To add to
student's account, you can
deposit money at:

www.myschoolbucks.com

Child Nutrition Services News (CNS)

Meal Applications Available Now

Online at: www.smusd.org/cns

Forms at: School Office
 Cafeteria
 District Office

Please: Complete Early

Only one application per household
is necessary.

Meal Applications Not Required*

SCHOOL MEALS * ALL STUDENTS
NO CHARGE

It's Been Paid For

Joli Ann Elementary*
San Marcos Elementary*
La Mirada Academy*
San Marcos Middle*
Twin Oaks High*

School Menus Located

www.smusd.org/cns and <http://smusd.yummy.com>

CNS Facebook: SMUSD Child Nutrition Services

CNS Website: www.smusd.org/cns

CNS Phone: 760-752-1253



SMUSD Meal Credit Program: During the school year a student receives a one-day credit limit, and then an alternate meal is offered.

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