

2019-2020 Secondary Rotations

Window Components

Monday	Tuesday	Wednesday	Thursday	Friday
Carroteenies	Vegetable Juice	Grape Tomatoes	Vegetable Juice	Carroteenies
Cucumbers	Jicama	Edamame	Asst. Pepper Rings	Corn
Salad Cup	Salad Cup	Salad Cup	Salad Cup	Salad Cup
Applesauce	Mixed Fruit	Diced Peaches	Pineapple Tidbits	Diced Pears
Cool Tropics Juice Slushies	Fresh Fruit	Orange Juice	Fresh Fruit	Apple Berry Juice
Open Choice	Open Choice	Open Choice	Open Choice	Open Choice

Weekly Key

Red/Orange - 3	Dark Green - 1	Other Veg - 2	Beans - 1	Starchy - 1
		Add'l Veg - 3		

Open choice = daily variety of fresh fruit (preferred) OR any additional featured fruit OR vegetable

Reminders:

1. Students **MUST** take at least one 1/2 cup serving = reimburseable meal
2. You **MUST** follow rotation exactly
3. You **MUST NOT** run out of any item, at any POS for entire lunch
4. All components **MUST** = 1/2 cup serving
5. 1 cup leafy greens = 1/2 cup credit

If no entrée taken, then student **MUST** take 2 fruits **AND** 2 vegetables **AND** milk