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This institution is an equal opportunity provider.

2019 Elementary Menu

WG = Whole Grain ==Gluten Free (P)=Contains Pork

Wednesday

Yogurt & Grahams

3210 3210

👻 Pretzel Göldfish, & WG Roll

9 Grilled Cheese Triangle

Cinnamon Yogurt Bread (1)

Beef Taco Salad with

Tortilla Chips

Chicken Poppers & WG Roll

Chef Salad with

Mexican Breakfast Bread v

Beef Meatsauce & WG Roll

=Vegetarian meal available each day!

MENU SUBJECT
TO CHANGE 2019
Monday
Turkey Sausage Patty & Pancakes 9/30 Banana Breakfast Bar
Chicken Strips
Creamy Macaroni & Cheese [♥]
Yogurt, String Cheese [♥] & WG Roll
7 House Baked Muffin V
BREAKFAST FOR LUNCH
Pancakes & Sausage Links®
Beef Soft Taco
Hummus, String Cheese Sunflower Seeds & WG Crackers SCHOOL CLOSED TODAY
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14 Parent/Teacher Conferences
LUNCH WEEK
10/14 - 18
10/ 14 - 10
House Baked Muffin Vy

Tuesday

Mini Eggo Waffles V Chicken N' Biscuit

TERIYAKI BEEF DIPPERS 8WG RICE

Cheese or Pepperoni Pizza Hummus, String Cheese, Sunflower Seeds & WG

Hot Cheese Stuffed Breadstick 8 Cereal with Grahams



Chicken Bites & WG Roll

Yogurt, String Cheese ♥ & WG Roll

Mini Eggo Waffles 🛚

Creamy Macaroni & Cheese

Chicken Poppers

Hummas, String Cheese, & Sunflower

Seeds WG Crackers

EDUCATION CRACKERS

Cereal with Grahams

Orange Chicken

& WG Rice

Grilled Cheese Sandwich

Yogurt, String Cheese V

& WG Roll

Hot Cheese Stuffed Breadstick

Chicken N' Biscuit

Twistaroni with Homemade

Cheese or Pepperonio Stuffed Crust Pizza

Chef Salad with Pretzel Goldfish, & WG Roll

Cinnamon Yogurt Bread Yogurt & Grahams Beef Taco Salad (8)

with Tortilla Chips Mini Corn Dogs

Yogurt, String Cheese & WG Roll

Mexican Breakfast Bread **Grilled Cheese Triangle**

Golden Baked Chicken & WG Roll

French Bread Cheese or Pepperoni ® Pizza

Chef's Salad with 🊵 Pretzel Goldfish & WG Roll

Cinnamon Yogurt Bread (**Yogurt & Grahams**

Beef Taco Salad with Tortilla Chips

Chicken Poppers & WG Roll

Chef Salad with

Breakfast Pizza **Cereal with Grahams**

Build Your Own Carnitas Taco

Thursday

Hot Chicken Sandwich

Yogurt, String Cheese V & WG Roll

Maple Mini Pancakes **Chicken Little**

Golden Baked Chicken

Turkey Hot Dog

Hummus, String Cheese $\, \mathbb{V} \,$ Sunflower Seeds & WG Crackers

Munch Mix

Breakfast Pizza Cereal with Grahams

TERIYAKI CHICKEN & WG RICE

Cheese Bites

Chef Salad with Pretzel Goldfish & WG Roll

Maple Mînî Pancakes 🔻 **Chicken Little**

Spaghetti with Homemade Beef Meatsauce

Chicken Bites Hummus, String Cheese, Sunflower Seeds & WG Crackers

Scooby Grahams

Breakfast Pizza Cereal with Grahams V

Halloween Chicken Nuggets with WG Koll

Build Your Own Carnitas Taco

Yogurt, String Cheese & WG Roll THE THE PROPERTY OF THE PARTY O

Friday

French Toast Sticks V 4 Sausage, Egg & Cheese Burrito

Grilled Cheese Sandwich

Shrimp Poppers, String Cheese & WG Roll

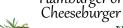


Veggie Mel\

Cocoa Breakfast Bread (() **Yogurt & Grahams**



Hamburger or





French Toast Sticks 18 Sausage Egg & Cheese Burrito

Hot Chicken Sandwich

Build Your ®
Own Carnitas Taco Veggie Melt

Cocoa Breakfast Bread W **Yogurt & Grahams**

Cheeseburger



Bean & Cheese Burrito Veggie Melt V

NOV French Toast Sticks

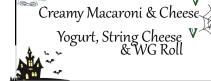
1 Sausage, Egg & Cheese Burrito

Shrimp Poppers with String Cheese and WG Roll

Grilled Cheese Sandwich

Veggie Melt





Yogurt & Grahams

BRUNCH FOR LUNCH

Turkey Hot Dog

Hummus, String Cheese,

Sunflower Seeds & WG Crackers

Turkey Sausage Patty & Pancakes

Chicken Strips

Banana Breakfast Bar V

Waffle & Sausage Links ®

Mini Eggo Waffles Chicken N' Biscuit V Teriyaki Beef Dippers

& WG Rice

Cheese or Pepperoni Pizza

Hummus, String Cheese, V Sunflower Seeds & WG Cracker

Pretzel Goldfish &WG Roll