



This is an equal opportunity employer!



FIND YOUR MENUS AT: <https://smusd.yummy.com>

V = VEGETARIAN P=Pork G=Gluten Free WG = Whole Grain



Did you Know? The Chef Salad can be vegetarian. Protein is in a separate container!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
28	Banana Chunk Bar Turkey Sausage Patti & Pancakes Creamy Macaroni & Cheese V Chicken Strips Yogurt, String Cheese & Roll V	29	Mini Waffles Chicken N' Biscuit TERIYAKI BEEF DIPPERS WITH WG RICE CHEESE OR PEPPERONI PIZZA Hummus, String Cheese, Crackers & Sunflower Seeds V	30	Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Chicken Poppers w/ WG Roll Chef's Salad w/ Pretzel Goldfish & WG Roll V	31	Breakfast Pizza Cereal & Grahams Halloween -Shaped Chicken Nuggets Build Your Own Carnitas Tacos P Yogurt, String Cheese & Roll *Halloween Frozen Treat	1	Sausage, Egg & Cheese Burrito French Toast Sticks Shrimp Poppers, String Cheese & Roll Grilled Cheese Sandwich V Veggie Melt V
4	House Baked Muffin Yogurt & Grahams Breakfast For Lunch Pancakes & Sausage P Beef Soft Taco Hummus, String Cheese, Crackers & Sunflower Seeds V	5	Cereal & Grahams Stuffed Cheese Breadstick Homestyle Chili w/ Tortilla Chips Chicken Bites w/ Roll Yogurt, String Cheese & Roll V	6	Mexican Bread Grilled Cheese Triangles Twistaroni w/Meatsauce and WG Roll Pepperoni Stuff Crust Pizza Cheese Stuff Crust Pizza V Chef's Salad w/ Pretzel Goldfish & WG Roll	7	Maple Mini Pancakes Chicken Little Golden Baked Chicken Turkey Hot Dog Hummus, String Cheese Crackers & Sunflower Seeds V	8	Cocoa Bread Yogurt & Grahams Mandarin Orange Chicken w/ WG Rice Cheeseburger Or Hamburger Veggie Melt V *Patriotic Crackers w/All
11	HOLIDAY TODAY 	12	Mini Waffles Chicken N' Biscuit Creamy Macaroni & Cheese CHICKEN POPPERS Hummus, String Cheese, Crackers & Sunflower Seeds V *Colored Goldfish Crackers w/ All	13	Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Mini Corn Dogs Chef's Salad w/ Pretzel Goldfish & WG Roll V	14	Breakfast Pizza Cereal & Grahams TERIYAKI CHICKEN WITH WG RICE Cheese Bites V Yogurt, String Cheese & Roll V	15	French Toast Sticks Sausage, Egg & Cheese Burrito Hot Chicken Sandwich Build Your Own Carnitas Tacos P Veggie Melt V
18	House Baked Muffin Yogurt & Grahams Brunch for Lunch Waffles and Sausage P TURKEY HOT DOG Hummus, String Cheese, Crackers & Sunflower Seeds V	19	Cereal & Grahams Stuffed Cheese Breadstick MANDARIN ORANGE CHICKEN WITH WG RICE Grilled Cheese Sandwich Yogurt, String Cheese & Roll V	20	Mexican Bread Grilled Cheese Triangles Golden Baked Chicken w/Roll French Bread Pizza Pepperoni or Cheese P Chef's Salad w/ Pretzel Goldfish & WG Roll V	21	Chicken Little Maple Mini Pancakes Spaghetti and Meatsauce w/WG Roll Chicken Bites w/WG Roll Hummus, String Cheese Crackers & Sunflower Seeds V	22	Cocoa Bread Yogurt & Grahams Cheeseburger or Hamburger CREAMY MACARONI & CHEESE Veggie Melt V *Thanksgiving Frozen Fruit Treat w/All
25	SCHOOL CLOSED TODAY	26	SCHOOL CLOSED TODAY	27	SCHOOL CLOSED TODAY	28	SCHOOL CLOSED TODAY	29	SCHOOL CLOSED TODAY



THANKSGIVING BREAK 2019 Elementary Menu

