



This institution is an equal
opportunity provider
Menu is subject to change



Elementary 2019

SAN MARCOS
UNIFIED SCHOOL DISTRICT
engaging students...inspiring futures

V = VEGETARIAN

P = Pork

=Gluten Free

WG = Whole Grain



Did you Know? The Chef Salad can be vegetarian. Protein is in a separate container!

FIND YOUR MENUS AT:
<https://smusd.yummy.com>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Banana Chunk Bar Turkey Sausage Patty & Pancakes Creamy Macaroni & Cheese Chicken Strips Yogurt, String Cheese & Roll FRUIT SMILES W/ALL	3 Mini Waffles Chicken N' Biscuit TERIYAKI BEEF DIPPERS WITH WG RICE CHEESE PIZZA OR PEPPERONI PIZZA Hummus, String Cheese, Crackers & Sunflower Seeds	4 Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Chicken Poppers w/ WG Roll Chef's Salad w/ Pretzel Goldfish & WG Roll	5 Breakfast Pizza Cereal & Grahams Hot Chicken Sandwich Build Your Own Carnitas Tacos Yogurt, String Cheese & Roll	6 Sausage, Egg & Cheese Burrito French Toast Sticks Shrimp Poppers, String Cheese & Roll Grilled Cheese Sandwich Veggie Melt
9 House Baked Muffin Yogurt & Grahams Breakfast For Lunch Pancakes & Sausage Beef Soft Taco Hummus, String Cheese, Crackers & Sunflower Seeds	10 Cereal & Grahams Stuffed Cheese Breadstick Homestyle Chili w/ Tortilla Chips Chicken Bites w/ Roll Yogurt, String Cheese & Roll	11 Mexican Bread Grilled Cheese Triangles Twistaroni w/Meatsauce and WG Roll Pepperoni Stuft Crust Pizza Cheese Stuft Crust Pizza Chef's Salad w/ Pretzel Goldfish & WG Roll	12 Maple Mini Pancakes Chicken Little Golden Baked Chicken w/Roll Turkey Hot Dog Hummus, String Cheese Crackers & Sunflower Seeds Holiday Frozen Fruit Treat w/all	13 Cocoa Bread Yogurt & Grahams Mandarin Orange Chicken w/ WG Rice Cheeseburger or Hamburger Veggie Melt
16 Banana Chunk Bar Turkey Sausage Patty & Pancakes Picnic Chicken with Corn Bread Cheese or Pepperoni Pizza Yogurt, String Cheese & Roll	17 Mini Waffles Chicken N' Biscuit TERIYAKI CHICKEN WITH WG RICE Cheese Bites Hummus, String Cheese, Crackers & Sunflower Seeds	18 Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Mini Corn Dogs Chef's Salad w/ Pretzel Goldfish & WG Roll	19 French Toast Sticks Sausage, Egg & Cheese Burrito Creamy Macaroni & Cheese Pine Tree Chicken Nuggets Hummus, String Cheese Crackers & Sunflower Seeds *Gingerbread Men Crackers	20 Breakfast Pizza Cereal & Grahams Minimum Day NO LUNCH SERVED TODAY Enjoy your Break 12/23-1/10



WINTER RECESS DEC 23 - JAN 10



1/13 Banana Chunk Bar Turkey Sausage Patty & Pancakes Creamy Macaroni & Cheese Chicken Strips Yogurt, String Cheese & Roll Animal Crackers w/All	1/14 Mini Waffles Chicken N' Biscuit TERIYAKI BEEF DIPPERS WITH WG RICE CHEESE PIZZA OR PEPPERONI PIZZA Hummus, String Cheese, Crackers & Sunflower Seeds	1/15 Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Chicken Poppers w/ WG Roll Chef's Salad w/ Pretzel Goldfish & WG Roll	1/16 Breakfast Pizza Cereal & Grahams Hot Chicken Sandwich Build Your Own Carnitas Tacos Yogurt, String Cheese & Roll	1/17 French Toast Sticks Sausage, Egg & Cheese Burrito Shrimp Poppers With String Cheese Grilled Cheese Sandwich Veggie Melt
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