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V= VEGETARIAN  Pork = Gluten Free WG = Whole Grain  Did you Know? The Chef Salad can be vegetarian. Protein is in a separate container!  FIND YOUR MENUS AT:  https://smusd.yumyummi.com				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Banana Chunk Bar Turkey Sausage Patty & Pancakes	3 Mini Waffles Chicken N' Biscuit	4 V Cinnamon Bread V Yogurt & Grahams	5 Breakfast Pizza V Cereal & Grahams	6 Sausage, Egg & Cheese Burrito French Toast Sticks
Creamy Macaroni & Cheese	TERIYAKI BEEF DIPPERS WITH WG RICE	Beef Taco Salad w/ Tortilla Chips	W Cereal & Grahams  Hot Chicken Sandwich	Shrimp Poppers,
Chicken Strips	CHEESE PIZZA OR PEPPERONI PIZZA	Chicken Poppers w/ WG Roll	Build Your Own Carnitas Tacos	String Cheese & Roll
Yogurt, String Cheese & Roll	Hummus, String Cheese,	Chef's Salad w∕ ▼	Yogurt, V	Grilled Cheese Sandwich
FRUIT SMILES W/ALL	Crackers & Sunflower Seeds	Pretzel Goldfish & WG Roll	String Cheese & Roll	>> Veggie Melt♥
9 W House Baked Muffin W Yogurt & Grahams	10 W Cereal & Grahams W Stuffed Cheese Breadstick	11 Mexican Bread W Grilled Cheese Triangles	12 Maple Mini Pancakes  Chicken Little	13 V Cocoa Bread V Yogurt & Grahams
Breakfast For Lunch	Homestyle Chili 👄	Twistaroni w/Meatsauce	Golden Baked Chicken	Mandarin Orange Chicken
Pancakes & Sausage P	🥮 w∕ Tortilla Chips 🔻	and WG Roll	w/Roll	w/ WG Rice
Beef Soft Taco	Chicken Bites w/ Roll	Pepperoni Stuft Crust Pizza Cheese Stuft Crust Pizza V	Turkey Hot Dog Hummus, String Cheese	Cheeseburger or Hamburger
Hummus, String Cheese, <b>V</b>	Yogurt, V	V Chef's Salad w/	Crackers & Sunflower Seeds	🥟 Veggie Melt 🔻
Crackers & Sunflower Speds	Ctring Change & Dall	Protzei (-olatich X, W/C Roll	HOUGAY FROZEN FRUIT TRACT W//SII	



Picnic Chicken with Corn Bread

Cheese or Pepperoni Pizza

Yogurt, V String Cheese & Roll String Cheese & Roll

Mini Waffles Chicken N' Biscuit

## TERIYAKI CHICKEN WITH WG RICE

Cheese Bites \*\*

Hummus, String Cheese, Crackers & Sunflower Seeds

Pretzel Goldfish & WG Roll

Cinnamon Bread Yogurt & Grahams

**Beef Taco Salad** w/ Tortilla Chips



Mini Corn Dogs

Chef's Salad w/ Pretzel Goldfish & WG Roll Holiday Frozen Fruit Treat w/all

French Toast Sticks

Sausage, Egg & Cheese Burrito

Creamy V **Macaroni & Cheese** 

Pine Tree Chicken Nuggets

Hummus, String Cheese **Crackers & Sunflower Seeds** 

\*Gingerbread Men Crackers





Breakfast Pizza 20 Cereal & Grahams

Minimum Day NO LUNCH SERVED TODAY Enjoy your Break 12/23-1/10



## WINTER RECESS DEC 23









Yogurt, String Cheese & Roll

Animal Crackers w/All

Mini Waffles Chicken N' Biscuit

TERIYAKI BEEF DIPPERS WITH

CHEESE PIZZA OR P PEPPERONI PIZZA

Hummus, String Cheese, V Crackers & Sunflower Seeds

Cinnamon Bread Y Yogurt & Grahams

**Beef Taco Salad** w/ Tortilla Chips

Chicken Poppers w/ WG Roll



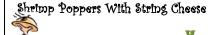




Build Your Own Carnitas Tacos











Veggie Melt

