



This institution is an equal opportunity provider
Menu is subject to change



**PRE-LAUNCH
CARRILLO MENU**

SAN MARCOS
UNIFIED SCHOOL DISTRICT
engaging students...inspiring futures

V = VEGETARIAN

P = Pork



Gluten Free

WG = Whole Grain



Did you Know? The Chef Salad can be vegetarian. Protein is in a separate container!

FIND YOUR MENUS AT:

<https://smusd.yummy.com>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Banana Chunk Bar Turkey Sausage Patty & Pancakes	3 Mini Waffles Chicken N' Biscuit	4 Cinnamon Bread Yogurt & Grahams	5 Breakfast Pizza Cereal & Grahams	6 Sausage, Egg & Cheese Burrito French Toast Sticks
Creamy Macaroni & Cheese Chicken Strips Yogurt, String Cheese & Roll FRUIT SMILES W/ ALL	Teriyaki Beef Dippers with WG Rice Cheese Pizza or Pepperoni Pizza NEW TERIYAKI GRAIN BOWL	Beef Taco Salad w/ Tortilla Chips Chicken Poppers w/ WG Roll NEW FIESTA BEAN SALAD	Hot Chicken Sandwich Build Your Own Carnitas Tacos NEW SOUTHWEST BEAN TACOS	Shrimp Poppers, String Cheese & Roll Grilled Cheese Sandwich Veggie Melt
9 House Baked Muffins Yogurt & Grahams Breakfast For Lunch Pancakes & Sausage Beef Soft Taco Yogurt, String Cheese & Roll	10 Cereal & Grahams Stuffed Cheese Breadstick Homestyle Chili w/ Tortilla Chips Chicken Bites w/ Roll Hummus, String Cheese Crackers & Sunflower	11 Mexican Bread Grilled Cheese Triangles Twistaroni w/ Meatsauce and WG Roll Pepperoni Stuft Crust Pizza Cheese Stuft Crust Pizza Chef's Salad w/ Pretzel Goldfish & WG Roll	12 Maple Mini Pancakes Chicken Little Golden Baked Chicken w/ Roll Turkey Hot Dog Hummus, String Cheese Crackers & Sunflower Seeds Holiday Frozen Fruit Treat w/all	13 Cocoa Bread Yogurt & Grahams Mandarin Orange Chicken w/ WG Rice Cheeseburger or Hamburger NEW ORANGE GRAIN BOWL
16 Banana Chunk Bar Turkey Sausage Patty & Pancakes Picnic Chicken with Corn Bread Cheese or Pepperoni Pizza Yogurt, String Cheese & Roll	17 Mini Waffles Chicken N' Biscuit Teriyaki Chicken with WG Rice Cheese Bites NEW TERIYAKI GRAIN BOWL	18 Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Mini Corn Dogs NEW FIESTA BEAN SALAD	19 French Toast Sticks Sausage, Egg & Cheese Burrito Creamy Macaroni & Cheese Pine Tree Chicken Nuggets Hummus, String Cheese Crackers & Sunflower Seeds *Gingerbread Men Crackers	20 Breakfast Pizza Cereal & Grahams Minimum Day NO LUNCH SERVED TODAY Enjoy your Break 12/23-1/10

WINTER RECESS DEC 23 - JAN 10

1/13	1/14	1/15	1/16	1/17
Banana Chunk Bar Turkey Sausage Patty & Pancakes Creamy Macaroni & Cheese Chicken Strips Yogurt, String Cheese & Roll Animal Crackers w/ All	1/14 Mini Waffles Chicken N' Biscuit Teriyaki Beef Dippers with WG Rice Cheese Pizza or Pepperoni Pizza NEW TERIYAKI GRAIN BOWL	1/15 Cinnamon Bread Yogurt & Grahams Beef Taco Salad w/ Tortilla Chips Chicken Poppers w/ WG Roll NEW FIESTA BEAN SALAD	1/16 Breakfast Pizza Cereal & Grahams Hot Chicken Sandwich Build Your Own Carnitas Tacos NEW SOUTHWEST BEAN TACOS	1/17 French Toast Sticks Sausage, Egg & Cheese Burrito Shrimp Poppers With String Cheese Grilled Cheese Sandwich Veggie Melt