



Did you Know! We have new Grain Bowls

2020 Elementary Menu

WG = Whole Grain



=Gluten Free



=Contains Pork



=Vegetarian meal (May Include Egg)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DID YOU KNOW? Yummyummi is an App used to view SMUSD menus. Allergens and Nutrients are listed for all items. Star ratings and comments are reviewed to enhance menus.		Pictures taken in our cafeterias in most cases. 		
3 House-baked Muffin Yogurt & Grahams Brunch For Lunch Waffles and Sausage Turkey Hot Dog Yogurt, String Cheese & WG Roll	4 Hot Cheese Stuffed Bread Stick Cereal & Grahams Mandarin Orange Chicken w/WG Rice Grilled Cheese Sandwich ORANGE GRAIN BOWL	5 Mexican Bread Grilled Cheese Triangle Golden Baked Chicken & WG Roll French Bread Cheese Pepperoni Pizza Chef's Salad with Pretzel Gold Fish and Roll	6 Mini Maple Pancakes Chicken Little Spaghetti & Meat Sauce & WG Roll Chicken Bites & WG Roll Hummus, String Cheese Sunflower Seeds & WG Crackers	7 Cocoa Bread Cereal & Grahams Hamburger Cheeseburger Bean and Cheese Burrito Veggie Melt Valentines Frozen Treat
NEW 10 Mini Pancake Wrapped Sausage Banana Chunk Bar Creamy Macaroni & Cheese Chicken Strips Yogurt, String Cheese, WG Roll	11 Mini Eggo Waffles Chicken N Biscuit Teriyaki Chicken w/Rice Pepperoni Pizza Cheese Pizza TERIYAKI GRAIN BOWL	12 Cinnamon Breakfast Bread Yogurt & Grahams Beef Taco Salad With Tortillas Chips Chicken Poppers & WG Roll FIESTA BEAN SALAD	13 Breakfast Pizza Cereal & Grahams Build Your Own Carnitas Tacos Heart Shaped Chicken Nuggets SOUTHWESTERN BEAN TACOS Heart Shaped Crackers	14 SCHOOL CLOSED TODAY HOLIDAY George Washington's Birthday
17 SCHOOL CLOSED TODAY HOLIDAY President's Day 	18 Hot Cheese Stuffed Bread Stick Cereal & Grahams HOME-STYLE CHILI W/TORTILLA CHIPS Chicken Bites & WG Roll Hummus, String Cheese Sunflower Seeds & WG Crackers	19 Mexican Bread Grilled Cheese Triangles Twistaroni w Meat Sauce & Roll Stuffed Crust Cheese or Pepperoni Pizza Chef's Salad with Pretzel Goldfish and Roll	20 Maple Mini Pancakes Chicken Little Golden Baked Chicken & WG Roll Turkey Hot Dog Veggie Melt Presidents Crackers	22 Cocoa Bread Yogurt & Grahams Mandarin Orange Chicken w/WG Rice Hamburger Cheeseburger ORANGE GRAIN BOWL
NEW 24 Mini Pancake Wrapped Sausage Banana Chunk Bar Picnic Chicken w/Corn bread Pepperoni Pizza Cheese Pizza Yogurt, String Cheese & WG Roll	25 Mini Waffles Chicken N Biscuit Creamy Macaroni & Cheese Chicken Poppers Hummus, String Cheese Sunflower Seeds & WG Crackers FUN & FITNESS CRACKERS	26 Cinnamon Yogurt Bread Yogurt & Grahams Beef Taco Salad With Tortilla Chips Mini Corn Dogs FIESTA BEAN SALAD	27 Breakfast Pizza Cereal & Grahams Teriyaki Chicken w/Rice Cheese Bites TERIYAKI GRAIN BOWL	28 French Toast Sticks Sausage, Egg & Cheese Burrito Build Your Own Carnitas Tacos Hot Chicken Sandwich SOUTHWESTERN BEAN TACOS