

Elementary Weekly Lesson Planner

Grade 1: Week 1

Sample (Optional) Daily Schedule		
9:00 - 10:30	ELA Block	ELA Daily Planner
10:30 - 10:50	Movement Break	PE Additional Activities Daily Menu
10:50 - 12:00	Math Block	Math Daily Planner
12:00 - 1:00	Lunch and Break Time	
1:00 - 1:30	Science	Science Additional Activities Daily Menu
1:30 - 2:15	Preferred Activity	Do Something you LOVE (art, music, dance, passion project, etc)
2:15 - 2:45	Reading Time	Independent or Shared Reading
2:45 - 3:00	Act of Kindness	Plan/Do an Act of Kindness for Someone
3:00 - 3:10	Closure	Reflect on your Learning (journaling or an oral retell)

Visit [Kids for Peace](#) for ideas for additional family activities.

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This lesson planner includes optional enrichment activities for students to practice, extend and apply grade level standards.

ENGLISH LANGUAGE ARTS (ELA) - Recommend 90 minutes daily

Focus Areas: Reading, Writing, Vocabulary, Listening, Speaking

Benchmark Unit 7: Week 1

Essential Question: Why is the past important?

- In this unit, students will read and compare selection about different times in history.
- What is one thing you know about the past?
- Why is the past important today?

Supplement with [Additional Activities Daily Menu](#)

Additional ELA Activities and Information Can Be Found on [SMUSD Virtual Resources Page](#)

Monday	Tuesday	Wednesday	Thursday	Friday
Reading				
<p>Read Alouds: Mrs. Sanchez Ms. Pacino Mrs. Montero (Spanish)</p> <p>Watch Launch Video and write a minimum of 2 things learned.</p> <p>Read & Listen: “The First Cars”</p> <p>Respond to Text: How were the first cars different from today?</p>	<p>Read Alouds: Mrs. Flodine Mrs. Montero (Spanish)</p> <p>Read, Listen, & Retell: “School Days”</p> <p>Respond to Text: Summarize & illustrate about your learning.</p>	<p>Read Alouds: Mrs. Hartzell Mrs. Montero (Spanish)</p> <p>Read & Listen: “Horses to the Rescue”</p> <p>Respond to Text: Summarize & illustrate about your learning.</p>	<p>Read Alouds: Ms. Eby Mrs. Montero (Spanish)</p> <p>Read & Listen: “The Story of the White House”</p> <p>Respond to Text: Think about the events/times of the story. Write a timeline that includes a fact/event/date and picture.</p>	<p>Read Alouds: Ms. Blied Mrs. Montero (Spanish)</p> <p>Read & Listen: “Our Family Story”</p> <p>Respond to Text: Write and illustrate a book about your family. Read your book to your family.</p>

Phonics & High Frequency Words

<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	Take weekly high frequency word test.
<u>Answer Key</u>	<u>Answer Key</u>	<u>Answer Key</u>	<u>Answer Key</u>	
Practice reading <u>Benchmark High Frequency Words</u> .	Practice reading <u>Benchmark High Frequency Words</u> .	Practice writing <u>Benchmark High Frequency Words</u> .	Practice writing <u>Benchmark High Frequency Words</u> .	
Review words with <u>Benchmark Heidi Songs</u> .	Review words with <u>Benchmark Heidi Songs</u> .	Review words with <u>Benchmark Heidi Songs</u> .	Review words with <u>Benchmark Heidi Songs</u> .	

Grammar, Spelling, and Vocabulary

<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	<u>Unit 7 - Week 1</u>	Take weekly spelling word test.
<u>Answer Key</u>	<u>Answer Key</u>	<u>Answer Key</u>	<u>Answer Key</u>	

Writing

Narrative Writing Prompt: Imagine you could travel back in time to when a family member or your teacher was your age. Write about what life would be like.

Brainstorm ideas, narrow the focus, and research (if needed).	Organize ideas and begin drafting.	Finish drafting.	Revise for spaces, spelling, capitals, punctuation and make sure it makes sense.	Write a final draft.
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Handwriting

<u>Benchmark Handwriting Practice</u>	<u>Benchmark Handwriting Practice</u>	<u>Benchmark Handwriting Practice</u>	<u>Benchmark Handwriting Practice</u>	<u>Benchmark Handwriting Practice</u>
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MATHEMATICS - Recommend 60 - 90 minutes daily Focus Areas: Fact Fluency, Number Sense, Problem Solving				
Supplement with Math Additional Activities Daily Menu				
Additional Math Activities and Information Can Be Found on SMUSD Virtual Resources Page				
Parent Guidance: Supporting Math at Home Math and Mindset				
Monday	Tuesday	Wednesday	Thursday	Friday
San Francisco Math: School Closure Lessons				
San Francisco Math Day 1: Mental Fluency - Addition within 10	San Francisco Math Day 2: Attributes of 2D Shapes	San Francisco Math Day 3: Measurement	San Francisco Math Day 4: Addition within 20	San Francisco Math Day 5: Subtraction within 20
Personalized Learning Program				
Choose a Math Personalized Learning Program in Clever : ST Math, Dreambox, or iReady (20 minutes)	Choose a Math Personalized Learning Program in Clever : ST Math, Dreambox, or iReady (20 minutes)	Choose a Math Personalized Learning Program in Clever : ST Math, Dreambox, or iReady (20 minutes)	Choose a Math Personalized Learning Program in Clever : ST Math, Dreambox, or iReady (20 minutes)	Choose a Math Personalized Learning Program in Clever : ST Math, Dreambox, or iReady (20 minutes)
Math Games				
Make a Ten (K-2) Tens and More (K-2) 101 and Out (K-2)	Make a Ten (K-2) Tens and More (K-2) 101 and Out (K-2)	Make a Ten (K-2) Tens and More (K-2) 101 and Out (K-2)	Make a Ten (K-2) Tens and More (K-2) 101 and Out (K-2)	Make a Ten (K-2) Tens and More (K-2) 101 and Out (K-2)

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ADDITIONAL DAILY LEARNING ACTIVITIES				
<p>Additional Activities and Information Can Be Found on SMUSD Virtual Resources Page, including:</p> <ul style="list-style-type: none"> ● Access to Free Online Books ● Broadcast Information from PBS.ORG 				
Monday	Tuesday	Wednesday	Thursday	Friday
English Language Arts				
Read to/with your child OR independent student reading (30-60 minutes)	Read to/with your child OR independent student reading (30-60 minutes)	Read to/with your child OR independent student reading (30-60 minutes)	Read to/with your child OR independent student reading (30-60 minutes)	Read to/with your child OR independent student reading (30-60 minutes)
Personalized Learning: Lexia (20 minutes)	Personalized Learning: Lexia (20 minutes)	Personalized Learning: Lexia (20 minutes)	Personalized Learning: Lexia (20 minutes)	Personalized Learning: Lexia (20 minutes)
Complete a Lexia Lesson at home for the appropriate Lexia level.	Complete a Lexia Lesson at home for the appropriate Lexia level.	Complete a Lexia Lesson at home for the appropriate Lexia level.	Complete a Lexia Lesson at home for the appropriate Lexia level.	Complete a Lexia Lesson at home for the appropriate Lexia level.
Access Benchmark Digital Resources and read for 20 minutes.	Access Benchmark Digital Resources and read for 20 minutes.	Access Benchmark Digital Resources and read for 20 minutes.	Access Benchmark Digital Resources and read for 20 minutes.	Access Benchmark Digital Resources and read for 20 minutes.
Choose one activity from the Benchmark At Home Learning Calendar . (Spanish)	Choose one activity from the Benchmark At Home Learning Calendar . (Spanish)	Choose one activity from the Benchmark At Home Learning Calendar . (Spanish)	Choose one activity from the Benchmark At Home Learning Calendar . (Spanish)	Choose one activity from the Benchmark At Home Learning Calendar . (Spanish)

Mathematics				
Choose a math game to play from Family Math Games .	Choose a math game to play from Family Math Games .	Choose a math game to play from Family Math Games .	Choose a math game to play from Family Math Games .	Choose a math game to play from Family Math Games .
Choose a Math Personalized Learning Program in Clever .	Choose a Math Personalized Learning Program in Clever .	Choose a Math Personalized Learning Program in Clever .	Choose a Math Personalized Learning Program in Clever .	Choose a Math Personalized Learning Program in Clever .
Multiple Content Areas				
Explore a topic on Newsela and write a minimum of three facts you learned. Access Newsela through Clever .	Explore a topic on Newsela and write a minimum of three facts you learned. Access Newsela through Clever .	Explore a topic on Newsela and write a minimum of three facts you learned. Access Newsela through Clever .	Explore a topic on Newsela and write a minimum of three facts you learned. Access Newsela through Clever .	Explore a topic on Newsela and write a minimum of three facts you learned. Access Newsela through Clever .
Explore a topic on BrainPOP and write a minimum of three facts you learned. Access BrainPOP through Clever .	Explore a topic on BrainPOP and write a minimum of three facts you learned. Access BrainPOP through Clever .	Explore a topic on BrainPOP and write a minimum of three facts you learned. Access BrainPOP through Clever .	Explore a topic on BrainPOP and write a minimum of three facts you learned. Access BrainPOP through Clever .	Explore a topic on BrainPOP and write a minimum of three facts you learned. Access BrainPOP through Clever .
<p>Scholastic: Students will explore articles, videos, and a variety of learning activities on a variety of topics. Text-to-speech and “lower” level options to reach all learners</p> <p>Day 1:Scholastic Learn at Home: Grades 1-2.</p>	<p>Scholastic: Students will explore articles, videos, and a variety of learning activities on a variety of topics. Text-to-speech and “lower” level options to reach all learners</p> <p>Day 2:Scholastic Learn at Home: Grades 1-2.</p>	<p>Scholastic: Students will explore articles, videos, and a variety of learning activities on a variety of topics. Text-to-speech and “lower” level options to reach all learners</p> <p>Day 3:Scholastic Learn at Home: Grades 1-2.</p>	<p>Scholastic: Students will explore articles, videos, and a variety of learning activities on a variety of topics. Text-to-speech and “lower” level options to reach all learners</p> <p>Day 4:Scholastic Learn at Home: Grades 1-2.</p>	<p>Scholastic: Students will explore articles, videos, and a variety of learning activities on a variety of topics. Text-to-speech and “lower” level options to reach all learners</p> <p>Day 5:Scholastic Learn at Home: Grades 1-2.</p>

Science				
Choose a lesson from Mystery Science that interests you, watch the video and complete the aligned activity.	Choose a lesson from Mystery Science that interests you, watch the video and complete the aligned activity.	Choose a lesson from Mystery Science that interests you, watch the video and complete the aligned activity.	Choose a lesson from Mystery Science that interests you, watch the video and complete the aligned activity.	Choose a lesson from Mystery Science that interests you, watch the video and complete the aligned activity.
Physical Education (20 minutes two times per day)				
Choose an outdoor activity: play outside, run, walk, hike, ride a bike or scooter, etc.	Choose an outdoor activity: play outside, run, walk, hike, ride a bike or scooter, etc.	Choose an outdoor activity: play outside, run, walk, hike, ride a bike or scooter, etc.	Choose an outdoor activity: play outside, run, walk, hike, ride a bike or scooter, etc.	Choose an outdoor activity: play outside, run, walk, hike, ride a bike or scooter, etc.
Choose an indoor game, exercise, video, or activity on Go Noodle .	Choose an indoor game, exercise, video, or activity on Go Noodle .	Choose an indoor game, exercise, video, or activity on Go Noodle .	Choose an indoor game, exercise, video, or activity on Go Noodle .	Choose an indoor game, exercise, video, or activity on Go Noodle .