



# NOVEMBER MENU 2020

## Monday 11/2

Cocoa Bread ✓

Bosco Sticks w/ Marinara ✓

## Tuesday 11/3

Cereal w Grahams ✓

Teriyaki Beef Dippers & Rice or  
Hummus w/ String Cheese, Veggies, & Crackers ✓

## Wednesday 11/4

Maple Mini Pancakes ✓

Cheese Pizza ✓

## Thursday 11/5

Concha Bread ✓

Corn Dog or Grilled Cheese ✓

## Friday 11/6

Honey Bun ✓

Spaghetti w/ Meat Sauce or Marinara ✓

## Week 1

## Monday 11/9

Croissant w/ Jam ✓

Chicken Strips w/ Belgian Waffle

## Tuesday 11/10

Mini Cinnis ✓

Cereal w/ Grahams ✓

Mandarin Orange Chicken and Rice and  
Supper Meal Kit

## Wednesday 11/11

"No Meal Distribution. "

## Thursday 11/12

Breakfast Chunk Bar

Cheese Bites ✓

## Friday 11/13

Bagel & Cream Cheese ✓

Grilled Cheese ✓

## Week 2

## Monday 11/16

Fresh Baked Muffin ✓

French Bread Pizza Cheese or Pepperoni

## Tuesday 11/17

Cereal w/ Graham ✓

Teriyaki Chicken & Rice or Vegetarian Salad ✓

## Wednesday 11/18

Maple Mini Pancakes ✓

Chicken Sandwich or  
Hummus & String Cheese, Veggies, & Crackers ✓

## Thursday 11/19

Pumpkin Scone ✓

Turkey, Mashed Potatoes Gravy & Veggies  
Grilled Cheese ✓  
Treat

## Friday 11/20

Concha Bread ✓

Beef Nacho

Vegetarian Nachos

## Week 3

## 11/23- 11/27 NO SCHOOL

VEGETARIAN ✓

GLUTEN FREE



CNS SMUSD IS AN EQUAL  
OPPORTUNITY PROVIDER.

MENU SUBJECT TO CHANGE

## Week 4